

## You Can't Stop the Beat

### Verse 1

You can't stop an avalanche as it races down the hill.  
You can try to stop the seasons, girl, but you know you never will.  
And you can try to stop my dancing feet, but I just cannot stand still.  
'Cause the world keeps spinning 'round and 'round,  
And my heart's keeping time to the speed of sound.  
I was lost till I heard the drums, then I found my way.  
'Cause you can't stop the beat.

### Chorus

Ever since we first saw the light,  
You know we found out we could shake it on a Saturday night,  
And so I'm gonna shake and shimmy it with all my might today,  
'Cause you can't stop the motion of the ocean or the sun in the sky.  
You can wonder if you wanna, but I never ask why.  
And if you try to hold me down, I'm gonna spit in your eye and say  
That you can't stop the beat!

### Verse 2

You can't stop today as it comes speeding down the track.  
Child, yesterday is history and it's never coming back.  
'Cause tomorrow is a brand new day and it don't know white from black.  
'Cause the world keeps spinning 'round and 'round,  
And my heart's keeping time to the speed of sound.  
I was lost till I heard the drums, then I found my way.  
'Cause you can't stop the beat.

### Chorus

### Ending

You can't stop the beat.  
The beat!